



## The Anderson Media Group

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### **Conquer Your Fear Of Flying Amid A Flurry Of Air Disasters** **Isaiah McGee's Life Changing Therapy Approach – Quantum Hypnotherapy**

**LOS ANGELES, California – August, 2014** If you're like a lot of people the temptation is to swear off air travel, at least for a while. The recent tragedies concerning Malaysia Airlines, TransAsia and Air Algerie make the very idea of getting on an airplane seem like absolute madness. The fear of flying is called Acrophobia and it's a condition that affects hundreds of thousands of people every day. With this in mind, Hypnotherapist Isaiah McGee has developed a therapeutic approach that will help conquer the fear and allow you to fly the friendly skies again.



Quantum Hypnotherapy involves an adjustment in focus during clinical hypnotherapy to the natural, essential aspects of one's fundamental nature bringing about a positive change in the areas one desires to improve. And that includes releasing fears. The "quantum" element, therefore, relates to an adjustment in focus from the fear of flying to what is already fearless about you. This subconscious adjustment during therapeutic hypnosis promotes a quantum leap to a beneficial paradigm in experience.

Five years ago, Tara Thomas was struggling with her debilitating fear of flying. Unable to control her anxiety and stay calm during a flight she decided to go to Isaiah for help,

*“I used to love to fly. Getting into an airplane was great fun but about five years ago I developed claustrophobia. It made just the idea of getting on a plane an anxiety-ridden ordeal. So I went to Isaiah for help. Even before the session was over I felt such a sense of calm. He took me on a journey that transformed the day of flying from fear, apprehension and dread, to being able to look forward to what lie ahead. I thought that perhaps after time the impact of the Quantum Hypnosis would wear off. It's been at least two years now, and my session is still working.”*



Isaiah McGee has become the practitioner who can aide in training the mind for self-development and personal growth. With the current turmoil in aviation this kind of support can help one move away from fear and into a place of calm and strength. He states,

*“All fears that constrict one’s quality of living can be effectively managed or neutralized as the subconscious association with a fear is supplanted with a normalizing, healthy perspective. Our conscious mind expresses our fears but it is our subconscious mind that creates – or releases them. Quantum Hypnosis accesses the subconscious and empowers*

*alignment with associations that promote well-being in one’s experience.”*

Quantum hypnotherapy really does seem to be the answer to feeling on top of the world once more.

For the opportunity to interview Isaiah and learn more about Quantum Hypnotherapy and how it could help your fear of flying and other matters please contact [genief@theandersonmediagroup.com](mailto:genief@theandersonmediagroup.com) and visit <http://aconsciouslifefor.com>

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